

Camille's Sidewalk Cafe

Nutritional Information and Points

This information deemed reliable but not guaranteed.

Food Item	Size (oz)	Calories	Fat (g)	Fiber (g)	Carb (g)	Prot (g)	Points	Pplus
Salads served with 2 oz dressing listed separately unless noted								
Café Chicken Salad	11.5	412	27	2	13	32	10	11
Chicken Caesar Salad includes 2 oz. Caesar Dressing	11.4	323	16	1	16	27	8	8
Caesar Salad includes 2 oz. Caesar Dressing	8.4	221	15	1	15	13	5	7
Apple-Walnut Tuna Salad	11.5	419	31	2	13	29	11	12
The Chef Salad	13	315	20	2	16	22	8	9
Bangkok Thai Salad	12.5	229	10	2	20	25	5	7
The House Salad	8.4	152	12	2	12	7	4	5
The Ultimate Salad-Chicken Salad (includes dressing)	14	587	43	3	26	36	15	17
The Ultimate Salad-Tuna Salad (includes dressing)	14	594	47	3	26	33	15	18
Dressing								
Ranch Dressing	2	186	20.5	0	2	0	5	5
Creamy Caesar Dressing	2	205	17	0	4	2	6	5
Tomato Bacon	2	170	10	0	15	0	4	4
Honey Mustard	2	242	20	0	13	0	7	7
Sesame Oriental	2	242	21	0	13	0	7	7
Raspberry Vinaigrette	2	51	0	0	12	0	1	1
Golden Italian Dressing	2	260	26	0	4	0	7	7
Blue Cheese Dressing	2	260	28	0	2	2	8	8
Saltines	2 ea	25	1	0	4.5	0	1	1
Smoothies								
Strawberry Breeze	20	350	0.5	2	92	1	7	10
Banana Split Swirl	20	800	37	3	124	2	18	23
Strawberry Coconut	20	380	3	3	93	1	7	11
Banana Berry	20	300	1	3	77	1	5	8
Peach Paradise	20	200	0	1	50	1	4	5
Banana Boat	20	220	0.5	2	56	1	4	6
Blueberries Cozumel	20	160	0	3	42	1	3	4
Breakfast								
Herb Garden	10	441	17	2	51	17	10	11
Vegetarian Zenergy	11.2	400	10	4	55	20	8	10
3 Cheese Scrambler	12	630	30	6	52	30	14	16
Swiss Scrambler	11.1	521	15	6	50	31	11	12
Ranchero	12.9	576	25	3	55	30	13	15
Original Breakfast Wrap with bacon	8	575	26	2	52	31	13	15
Original Breakfast Wrap with ham	8	560	24	2	52	29	13	14
Breakfast Muffin with bacon	6.4	498	23	4.6	47	26	11	13
Breakfast Muffin with ham	6.4	470	18	4.6	48	29	10	12
Seasonal Fruit Cup	6	90	0.6	1.4	20	1	2	2
Cookies								
Cherry with White Chocolate	2.5	310	14	1	43	4	7	9
Chocolate Chip	2.5	330	15	1	42	4	8	9
	2.5	340	20	1	39	4	8	10
	2.5	300	13	2	42	5	7	8
Snickerdoodle	2.5	290	11	1	43	1	7	8
Kid's Menu served with chips and salsa; listed below								
Grilled Cheese	4.75	604	31	2	55	29	14	16
Classic PB&J	6.05	716	34	5	65	22	16	17
Banana Wrap	7.12	734	37	11	86	24	17	20
Chicken Wrapper	6.25	461	16	6	50	30	10	12
Tri-colored Tortilla chips	1	140	7	1	17	2	3	4
Camille's Salsa	1.5	15	0	0	4	0	0	0

Information also found online at
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Wraps served with chips and salsa; listed below								
Chicken Caesar	10.5	629	27	2	62	36	14	17
Tex-Mex Club	9	619	29	2	52	32	14	16
Quesadilla	10.6	635	30	2	53	41	15	17
Chicken California	10	615	27	3	63	30	14	16
Bangkok Thai	10.5	720	29	4	84	33	16	19
Sonoma Veggie	9	594	31	4	64	15	14	16
Spicy Chicken Tender	10	799	45	2	58	37	19	21
Poblano Chicken	13.2	700	30	10	86	24	16	18
Hail Caesar	12.7	710	36	4	62	29	16	18
Club Nouveau	13	480	14	5	69	27	10	13
Tri-colored Tortilla chips	1	140	7	1	17	2	3	4
Camille's Salsa	1.5	15	0	0	4	0	0	0
Grilled Hot Wraps served with side Spring Green salad with dressing listed separately								
Club Med	8.75	501	16	3	54	24	11	12
Mexican Daredevil	8.6	678	36	2	59	29	16	18
Paris Bistro	9.5	499	26	7	61	21	11	15
Michaelangelo	9.5	502	14	3	59	23	11	12
Spring Greens salad with Raspberry Vinaigrette	3	28	0	1	7	0	0	1
Sandwiches served with chips and salsa; listed below								
Café Chicken Salad	8.5	726	31	3	33	38	16	15
Apple-Walnut Tuna	8.5	782	39	4	34	36	18	17
Camille's Club	13.6	779	39	4	36	31	18	16
Ham & Swiss	9.61	444	16	2	28	24	10	9
Turkey Deluxe	8.36	498	18	2	34	25	11	10
Tri-colored Tortilla chips	1	140	7	1	17	2	3	4
Camille's Salsa	1.5	15	0	0	4	0	0	0
Flatbread Pizzas								
Zorba the Greek	9" pizza	756	29	6	85	39	17	20
Rustic Italian	9" pizza	556	14	5	86	21	11	14
Bangkok Thai	9" pizza	811	25	6	112	35	17	21
Kicken' BBQ Chicken	9" pizza	694	18	4	97	35	15	18
Just a Cheese	9" pizza	608	18	6	83	26	13	16
Panini Sandwiches served with chips and salsa; listed below								
Napa Valley Chicken	11.25	605	24	3.2		46	13	10
Turkey Habanero	12	560	24	2.9	68	33	13	16
Italian Roast Beef	10.12	618	41	3.4	72	35	15	21
Veganini	12.75	570	42	5	68	20	14	20
Tri-colored Tortilla chips	1	140	7	1	78	2	3	10
Camille's Salsa	1.5	15	0	0	17	0	0	2
Soups								
Creamy Tuscan Tomato - cup	8	210	16	3	15	3	5	6
Creamy Tuscan Tomato - bowl	12	315	24	4.5	23	4.5	7	9
Red Chicken Chili - cup	8	170	5	3	20	12	3	4
Red Chicken Chili - bowl	12	225	7.5	4.5	30	18	4	6
Red Potato and Cheddar - cup	8	270	17	2	19	11	6	7
Red Potato and Cheddar - bowl	12	405	25.5	3	30	16.5	10	11
Rosemary Chicken Noodle - cup	8	90	2.5	0	11	5	2	2
Rosemary Chicken Noodle - bowl	12	135	3.75	0	17	7.5	3	3

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